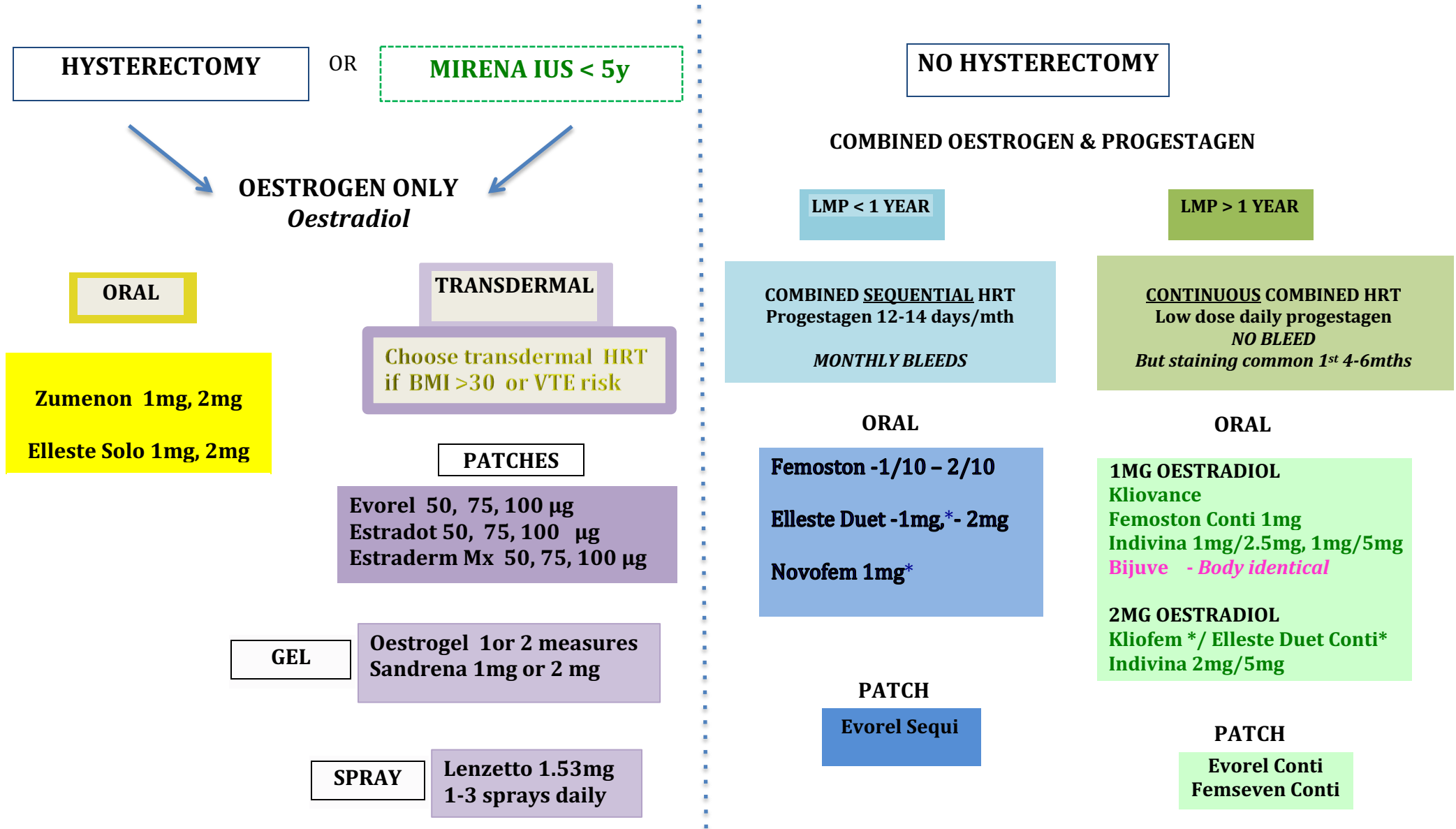


# BELFAST TRUST HRT CLINIC - 'STARTING TREATMENT' GUIDE



**BODY IDENTICAL HRT-** Bijuve (oral)  
or Oestradiol patch or gel + Utrogestan (if uterus intact)  
200mg 12 days per month *sequential*  
100mg daily - *continuous (irregular bleeding common)*

**Different Progestagens**  
Norethisterone in Kliovance, Kliofem, Novofem, Elleste Duet & Evorel conti/sequi  
Dydrogesterone in Femoston  
Medroxyprogesterone acetate in Indivina **Micronised Progesterone** in Bijuve  
\* both tablets contain the same oestrogen & progestagen at same doses