

HRT VIRTUAL CONSULTATION

AGE

PERIODS Y/N

HYSTERECTOMY Y/N

CYCLE

LMP

SYMPTOMS

DIAGNOSIS: PERI - / MENOPAUSAL

WANTS HRT Y/N

RISKS / BENEFITS DISCUSSED – DIRECT TO ON LINE INFORMATION

www.womens-health-concern.org

www.menopausematters.co.uk

www.Menopausedoctor.co.uk

RISK ASSESSMENT

BMI

BP

LIPIDS

MEDICAL HISTORY

VTE

STROKE

MIGRAINE

SMOKING

ALCOHOL

FAMILY HISTORY

VTE

BREAST CANCER

SMEAR

MAMMOGRAM

CONTRACEPTION REQUIRED Y/N

SUITABLE HRT

ORAL

TRANSDERMAL

OESTROGEN ONLY

COMBINED SEQUENTIAL

Advice re monthly bleed

CONTINUOUS COMBINED

Advice re irregular bleeding

PREPARATION PRESCRIBED