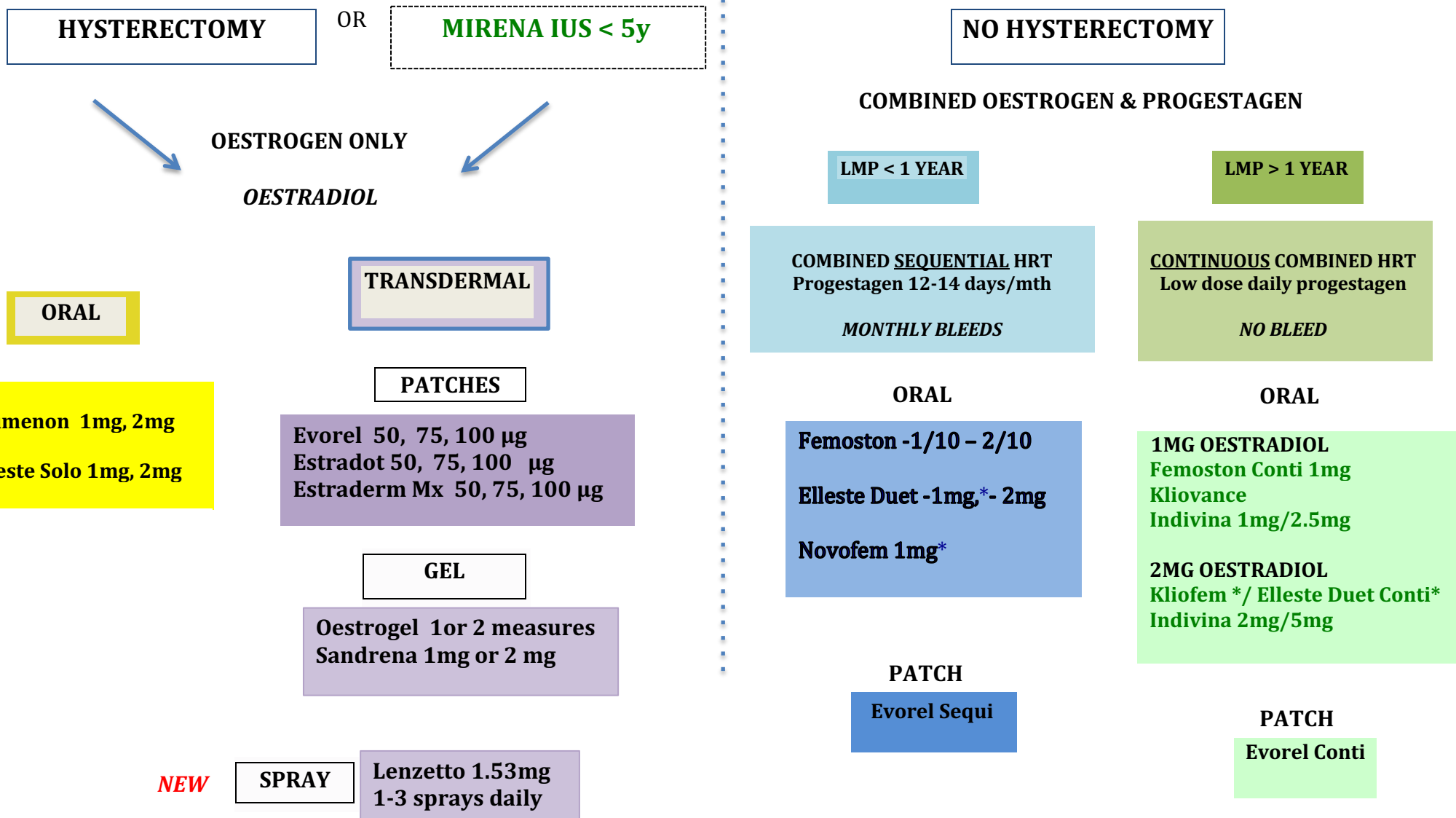


BELFAST TRUST HRT CLINIC - 'STARTING TREATMENT' GUIDE



DOSE GUIDE

Over 45 start with 1mg tablet or 50 µg patch & increase if necessary
Under 45s - start with 2mg oral or 75 µg patch & aim for E2 level >250pmol/l

Progestagens

Norethisterone in Kliovance, Kliofem, Novofem, Elleste Duet & Evorel conti/sequi
Dydrogesterone in Femoston
Medroxyprogesterone acetate in Indivina

* both tablets contain the same oestrogen & progestagen at same doses